

<p>Everyone doesn't have to love me.</p>	<p>It's OK if I make a mistake today.</p>
<p>I AM RESPONSIBLE FOR HOW MY DAY GOES.</p>	<p>I can handle it when things go wrong.</p>
<p><i>Not everyone acts or thinks the same.</i></p>	<p>I can tolerate the people and things that I don't like.</p>
<p>I will give everything my best effort today.</p>	<p>I can control my actions.</p>

<p><i>I can become all that I choose to be.</i></p>	<p>I am in charge of everything I learn.</p>
<p>MY LIFE AND ALL THAT I MAKE OF IT IS WITHIN MY POWER.</p>	<p>I can tolerate those around me who might think or act differently.</p>
<p><i>I must love myself first in order to be in control of my life.</i></p>	<p><i>There are people in my life who care about me very much.</i></p>
<p>I am lovable even when I have a problem or make a mistake.</p>	<p>I am bigger than any of my fears.</p>

<p>I am unique. No two people see the world the same way.</p>	<p>I CAN MAKE SOMEONE'S DAY BY CHANGING HOW THAT PERSON SEES HIMSELF.</p>
<p>I can make things happen.</p>	<p>My mental health is just as important as my physical health.</p>
<p>I am kind.</p>	<p>I am honest.</p>
<p>I am not perfect.</p>	<p>Money and material items are NOT what make people happy.</p>